



Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: Snohomish County Medical Reserve Corps
ADDRESS: 3000 Rockefeller Ave., Everett, WA 98201
CONTACT: (425) 388-5075; Therese.quinn@snoco.org

GENERAL GOALS: The mission of the MRC is to engage volunteers to strengthen public health, emergency response and community resiliency.

SPECIFIC USE FOR THIS AWARD:

In the final months of 2012, the MRC continued working with Snohomish Health District to fight Pertussis and added the influenza vaccine to the clinics. Clinics were held at both Edmonds and Everett Community Colleges and at Christmas House in Everett. A total of 51 new volunteers joined the MRC during the three months.

Many of them joined to help in a new effort to protect the homeless in inclement weather. The MRC joined the Sky Valley Cold Weather Alliance which is a coalition of churches, the YMCA, the City of Monroe and Valley General Hospital. When the weather is cold a shelter is opened to provide a warm place for people to sleep. The shelters are staffed by MRC volunteers.

For more information regarding the specific uses of the award, see the following pages from Snohomish County Medical Reserve Corps.

October, 2012 Third Quarterly



Q4-2011-14.2



Gizelle Dashtestani gives a vaccination.

Over the months of July, August and September of 2012, the MRC continued to fight the Pertussis outbreak throughout the county by working with Snohomish Health District and community organizations to provide free vaccinations. We also continued to recruit people through trainings and even at some of the vaccination clinics. We had a total of ten new members over the course of those three months. The new volunteers included nurses, an advanced registered nurse practitioner, a retired mental health counselor, a HAM radio technician, a medical assistant and another interpreter.

Some of the trainings that we offered to the public included Risk Communications; Psychological First Aid; MRC Orientation and an update from the Department of Health. We also presented the HBO documentary, "Weight of the Nation" in four sessions with a facilitated conversation after each one. We will be developing a wellness page for our MRC website as a result of that training.

The Stanwood Fire Department invited MRC to share a table at this year's Stanwood-Camano Island Fair. We were there every day, getting information out to people about getting vaccinated and volunteering.

Some of the places MRC participated in vaccination clinics were National Night Out at the South Everett Neighborhood Center, Cedar Valley Community School in Lynnwood, the Nubian Jam in Everett, the Latino Fair at Edmonds Community College and Project Homeless Connect in Everett. MRC Volunteers also staffed the first aid station at this year's Project Homeless Connect as well as supporting incident command and the medical station. MRC also provided a first aid station at a fun run by a local church in Everett, the Everett Fourth of July Parade and the Yankee Doodle Dash in Everett. And for the second year, MRC volunteers staffed the Lost Person Station at the Evergreen State Fair.

We are working closely with the hospitals of Snohomish County to develop skill based teams that can provide surge support for hospitals. Those teams include: Triage, Decontamination, Logistics, Communications and Mental Health. Several volunteers have already qualified for the decontamination team and several took training this quarter at Valley General Hospital. We completed a grant to fund more training to equip volunteers to fill the other teams when needed.

We are currently working on planning for the 2nd annual EMPOWER (Emergency Management – Prepare Ourselves With Everything to be Ready). It is a preparedness fair with an outreach to communities of color. The event is set for Saturday, April 20.

We are also working with Snohomish Health District and Snohomish County Department of Emergency Management to develop an advisory committee from under-represented communities. It is called the Resilience Coalition and will be a two way advisory committee, each group giving advice and insight.

We are working with a coalition of organizations in the Monroe area to provide a cold weather shelter for people who are homeless. The organization, the Sky Valley Cold Weather Alliance, plans to open the shelter when the temperature is expected to drop to 33 or lower for more than 4 hours.

WASERV is the Washington State Emergency Registry of Volunteers that is coordinated through the Department of Health. This program has brought in several new volunteers to our program.

We are also working with the City of Everett’s Advisory on Diversity on another series of cultural awareness trainings as well as some other projects to celebrate diversity and inclusion.

We submitted abstracts to the Washington Hospital Association’s Conference and the Preparedness, Emergency Response and Recovery Consortium on the importance of cultural competence. We submitted grant requests to the National Association of City and County Health Officials (NAACHO) for two grants. One was a non-competitive grant request and the other was a competitive grant request to fund the hospital project. We will receive notification about these in December.

At the end of September, 2012, our membership was 240. A breakdown by skills and licensure are below (please note that some volunteers hold more than one licensure):

ARNP – 3
Dentist - 1
EMS Professionals - 20
Mental Health Professional - 7
Nurses - 55
PA - 1
Pharmacist – 3

Physician - 8
Respiratory Therapist - 3
Veterinarians - 1
Other health related – 31
Interpreters –26
Other Support-105



First Aid Station at the Fourth of July Parade

At the end of August, we lost our VISTA volunteer, as we have had a VISTA for the maximum amount of time. Jarrod Dibble, our VISTA, still is a strong volunteer and helps in the office quite a bit. In September, the Coordinator was able to attend a Threat and Risk Assessment as well as the Enhanced Threat and Risk Assessment training through Texas A&M, the Tribal Emergency Management Conference and WASERV training.



Ed Osgood participates in the Federal Medical Station exercise this summer.

Below are some of the partners we have worked with on projects over the last three months:

Cedar Valley Community School – We provided staffing for a vaccination clinic on “Back to School Night.”

Community Health Center – We provided support for the medical station at Project Homeless Connect

City of Monroe – We are working with the City partners on the Sky Valley Cold Weather Alliance.

City of Everett – We are active participants on the Mayor’s Advisory Board on Diversity; we provided staffing for the Fourth of July Parade participants.

City of Stanwood – We worked with the Stanwood Fire Department to staff a booth at the Stanwood-Camano Community Fair.

Edmonds Community College – We supported vaccination clinics on campus.

Everett Family YMCA – We staffed first aid stations for the Yankee Doodle Dash.

Evergreen Fairgrounds – We staffed the Lost Person Station for the duration of the Washington State Fair.

Kusler Pharmacy – We supported a TDaP and Influenza vaccination clinic that was hosted by Kusler and the Health District.

Molina Healthcare – We supported their wellness fair in July.

Northshore Church – We staffed a first aid station for a run they hosted.

Providence Everett Medical Center – They provided space for our training meeting in July.

Snohomish County Black Heritage Committee – We supported a vaccination clinic at the Nubian Jam.

Snohomish School District – We supported vaccination clinics at elementary schools.

South Everett Neighborhood Center/Familias Unidas – Provided staffing for a vaccination clinic during National Night Out

Tulalip MRC – Provided ongoing administrative support.



Stephany Watson helps at the First Aid Station at Project Homeless Connect



Participants at the 20th Annual Nubian Jam

January, 2013

Fourth Quarterly



Q4-2011-14.2



Terri Amburgy (MRC volunteer) receives a vaccination.

In the final months of 2012, the MRC continued working with Snohomish Health District to fight Pertussis and added the influenza vaccine to the clinics. Clinics were held at both Edmonds and Everett Community Colleges and at Christmas House in Everett. A total of 51 new volunteers joined the MRC during the three months.

Many of them joined to help in a new effort to protect the homeless in inclement weather. The MRC joined the Sky Valley Cold Weather Alliance which is a coalition of churches, the YMCA, the City of Monroe and Valley General Hospital. When the weather is cold a shelter is opened to provide a warm place for people to sleep. The shelters are staffed by MRC volunteers.

MRC worked with community partners to provide several trainings in these last months of 2012. We wanted to ensure that we had trained volunteers ready to staff the call center, as well as volunteers trained in leadership roles for the call center. We held several trainings for leaders and staff for the call center and then held a functional exercise that included emergency operations center staff. We held a Saturday first aid/cpr class in order to get our volunteers re-certified in this important skill and are planning more in 2013. We offered three cold weather shelter trainings in partnership with the Sky Valley Cold Weather Alliance. The Northwest ADA Center trained volunteers and the public in Disability Language and Etiquette. Valley General Hospital hosted our Cultural Competency 101 training in Monroe and they also opened their decontamination team training to MRC volunteers. Katie Denter trained MRC volunteers in ways they would be able to respond in an epidemiological event in our community. Katie and I also presented Psychological First Aid to volunteers here in Snohomish County and in Skagit County.

MRC Volunteers were invited to participate in a video for child care centers that demonstrates procedures in reunification after a disaster. Some of our volunteers participated in an exercise with Providence Hospital and Naval Station Everett.

We talked on KRKO and KSER Radio about the importance of preparing for winter storms and to volunteer in the community.

Planning continues for the 2nd EMPOWER preparedness fair, set for April 20. It will be held at Evergreen Middle School and will be free to the public.

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Our abstract to the Washington State Hospital Association was accepted and we will be giving a presentation at the conference in May on the importance of cultural competence in health care. In October, the Coordinator was able to attend a daylong conference on cultural competence – Diversity Doctor.

At the end of December, 2012, our membership was 254. A breakdown by skills and licensure are below (please note that some volunteers hold more than one licensure):

ARNP – 3	Physician - 6
Dentist - 1	Respiratory Therapist - 3
EMS Professionals - 21	Veterinarians - 1
Mental Health Professional - 6	Other health related – 30
Nurses - 49	Interpreters –25
PA - 1	Other Support-126
Pharmacist – 3	

Below are some of the partners we have worked with on projects over the last three months:

Cascade Church – provided a venue for the cold weather shelter
Covenant Church – provided a venue for the cold weather shelter
Edmonds Community College – partnered to provide vaccination clinics and wellness fairs
Everett Community College – partnered to provide vaccination clinics
Everett School District – partnered to provide vaccination clinics
KRKO Radio – gave MRC and the Health District air time to talk about preparedness
KSER Radio – gave MRC air time to recruit volunteers
Molina Health Care – partnered to provide vaccination clinics
Monroe Family YMCA – partnered to provide cold weather shelters
Office of Women’s Health – partnering to provide health fair in March
Providence Everett Medical Center – partnered in functional exercise
The Rock Church – provided a venue for the cold weather shelter
Rotary of Mukilteo – partnered to provide vaccination clinics
Skagit Valley Hospital – MRC provided Psychological First Aid to staff and volunteers.
Tulalip Tribes MRC – Provided on-going support
Valley General Hospital – partnered to provide cold weather shelters and decontamination training

July, 2013

Second Quarterly



Q4-2011-14.2

April, May and June of 2013, were very busy. EMPOWER, a project focused on preparedness for vulnerable populations, occurred in April. Several trainings occurred in May and by June we had already started staffing first aid stations for the summer.

Total Health Events asked the MRC to staff first aid stations at their events in Snohomish County. On a rainy Sunday morning in April, MRC volunteers staffed the first aid station at the Heroe's Half, which is a half-marathon, held in Everett. We provided a first aid for the Tri-Monroe Triathlon on June 22 and assisted nearly 50 people with scrapes and abrasions. On June 27th, we spent the day at Cascade High School to support Project Homeless



Volunteers staff the first aid station at the Hero's Half in Everett.



Amber Mehta at Project Homeless Connect.

Connect. MRC Volunteers were very active in this event, as we have been for the last four years. Jarrod Dibble served as the Safety Officer and coordinated from Incident Command all day long – that is from 6 am to 5 pm! Two volunteers staffed a first aid station throughout the day. MRC Nurses supported Snohomish Health District in giving TDaP vaccinations and MRC Volunteers staffed the intake desk for the Community Health Center's medical station.

Approximately 100 people came to the EMPOWER Preparedness Fair that we held in partnership with community organizations. This fair was to focused on preparedness and vulnerable populations. Planning has already started for EMPOWER 2014 (a responder training around vulnerable populations) and and EMPOWER Light, which will be a preparedness and wellness fair on September 21.

EMPOWER was our largest training, but not the only one. On April 25th, Valley General Hospital in Monroe provided an overview of the Decontamination Team. We had first aid/cpr classes on and included a health care professionals certified class. We provided a Psychological First Aid training in Sultan. In May, Katie Denter from Snohomish Health District gave a training on Risk Communication at the Tulalip Administration Building. In June, Nancy Furness from Snohomish Health District presented information to the MRC about the Alternate Care Facility planning that has taken place in the county, and MRC's role in them.



Vaccinators at Project Homeless Connect

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Carolyn Jordan receives the National Outstanding Partner Award.

MRC had the opportunity to present information about the program and the work we are doing to several organizations. KSER gave us radio coverage in an interview before EMPOWER. Communities of Color Coalition invited us to have a booth and to present at the 2nd Annual North Puget Sound Conference on Race. The Washington State Hospital Association selected the MRC Coordinator to present about the importance of Cultural Competence in Public Health Preparedness and Response at their annual conference. Later in June, Community Transit invited us to have a table at their employee health and wellness fair. MRC helped in the *HeartChase* event in early April which gave us another opportunity to tell people about MRC!

The MRC Coordinator was also asked to fill in for an absent member at a workgroup for the National Association of City and County Health Officials (NACCHO) in May. In June, NACCHO appointed the

Coordinator to the MRC Workgroup for two years.

In June, the Coordinator participated in the MRC National Summit. She had nominated Carolyn Jordan, a partner with Valley General Hospital, for the Outstanding Partner award. She was selected and was honored by Captain Tosatto, the Director of the National MRC, at the Conference.

The Snohomish MRC Coordinator is now coordinating the Skagit MRC in addition to the Snohomish MRC and has invited volunteers from both units to participate in trainings and events in both counties. This partnership will increase the efficacy of both units as well as to build continuity in the region. Washington Department of Health invited the Coordinator to present at the Basic Disaster Life Support training offered in Skagit County in June in order to help in outreach to Skagit County.

The Resilience Coalition, which is an advisory committee between vulnerable populations and emergency management/public health, met again for a quarterly meeting. A mission statement, as well as creation of vision and values statements, was adopted at this meeting. A work plan was also created that stretches into summer, 2014. The presentation for fall of 2013 will include information from Public Health and Emergency Management. Organizations that serve seniors, communities of color, people with English as a second language and the LGBT community are participating on this project.

At the end of June, 2013 our membership was 205. A breakdown by skills and licensure are below (please note that some volunteers hold more than one licensure):

- ARNP – 3**
- Dentist - 1**
- EMS Professionals - 15**
- Mental Health Professional - 4**
- Nurses - 41**
- PA - 1**
- Pharmacist – 2**

- Physician - 3**
- Respiratory Therapist - 2**
- Veterinarians - 1**
- Other health related – 18**
- Interpreters –18**
- Other Support-114**

Below are some of the partners we have worked with on projects over the last three months:

City of Everett – ongoing partner in the Everett Diversity Advisory and a planning partner for EMPOWER Preparedness fair, as well as ongoing partnership with the Office of Emergency Management.

City of Monroe – MRC provided a first aid station for Tri-Monroe.

City of Sultan – provided support for Psychological First Aid training in May.

Community Health Center – partnership in Project Homeless Connect.

Community Transit – invitation to have a table at the employee wellness fair.

Communities of Color Coalition – invitation to present at North Puget Sound Conference on Race and participation in Resilience Coalition.

Everett Community College – planning partner in North Puget Sound Conference on Race.

NACCHO – invitation to participate in national workgroups.

Office of Women's Health – planning partner for Women of Color Health Fair

Puget Sound Energy – planning partner on EMPOWER Preparedness fair

Red Cross – participation in EMPOWER Preparedness fair.

Senior Services of Snohomish County – participation in the Resilience Coalition.

Skagit County – ongoing partnership with the departments of Health and Emergency Management to coordinate the Skagit MRC.

South Everett Neighborhood Center/Familias Unidas – participation in the Resilience Coalition

Total Health Events – invitation to staff first aid stations at Heroe's Half and Tri-Monroe

Tulalip MRC – ongoing partnership on trainings, outreach and planning.

US Public Health Service – partnership in creating cultural competency training at the national level.

Valley General Hospital – the hospital provided a training for volunteers.

Washington Department of Health – invitation to present at BDLS class in Skagit County and ongoing partnership with WASERV (the State's Emergency System of Advance Registration of Volunteer Health Professionals).

Washington State Hospital Association – invitation to present at the annual conference on cultural competency.