



Funds Distribution Report

Recipient Organization:
Elizabeth Gregory Home

Address:
1604 NE 50th St
Seattle, WA 98105

Contact:
(206) 729-0262
<https://www.eghseattle.org>

Organization's General Goals:
Elizabeth Gregory Home provides a welcoming and respectful refuge where women who are experiencing homelessness, trauma, or economic insecurity have access to a caring community and critical resources.

Date of Award:	Level:
2023 Q1	\$2,501 to \$5,000

For more information, please read the attached report from Elizabeth Gregory Home.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org

Disclaimer: This report may be a summary of content provided by the recipient, not always complete quoted material.

Good Morning Marilyn,

I hope this email finds you well and enjoying this beautiful Spring! I'm reaching out to provide a yearend report following your generous [REDACTED] gift last year. Here are some highlights of 2023!

- Q1 2023 14.2
- www.eghseattle.org
- 2023 brought us closer to our pre-pandemic numbers. The pandemic created an interesting situation in Seattle where many of the strictly overnight shelters converted to 24 hours shelters, so many of our Day Center clients stopped coming. However, now that the shelters are full and the need seems to be increasing, our numbers are starting to increase again. **In 2023 we saw 490 unduplicated women**, averaging 35-45 women per day at our Day Center and **averaging 1400 meals per month**.
- We increased our capacity in our new commercial kitchen by investing in two full time team members to work in the kitchen, providing healthy and diverse meals.
- We converted our old kitchen space into an Empowerment Space which serves as a multi-use space for laundry, art therapy, movement activities, move time, workshops and classes, clothing giveaways and much more.
- We've invested in our space to make it more trauma-informed and calming and invested in more training for our team to ensure we are providing a safe, empathetic, and kind space where everyone feels welcome.
- We added a new sound-proof Zenbooth (like a phone booth), so that women have a confidential space to make phone calls or do online therapy.
- In addition to the above accomplishments, we also pilot tested having a mental health counselor here one day per week to provide one-on-one support to our clients. This proved to be very beneficial to our clients, as she was able to help them work through issues around anxiety, personal relationships, past trauma, mental health diagnoses, etc. While this particular counselor decided not to stay, we were able to recruit a new contracted psychotherapist who started in February this year. In addition, we have also added a contracted art therapist which has proven to be very popular and beneficial for our clients. We hope to keep this program in place for the foreseeable future with continued investments from our community to make it possible.

We thank the Tulalip Tribes Charitable Foundation for being a part of our story and for helping to make all of this possible. Our community is incredible and we are so grateful for your support. If there are opportunities for continued funding in 2024, we would love to be considered.

With much gratitude and hope,

Ally

Ally Baehr (she/her)

Executive Director

Elizabeth Gregory Home

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RESPECT | INCLUSION | COMMUNITY | EMPATHY



My working hours may not be your working hours. Please do not feel obligated to reply outside

